

# North East Regional League 2019 - 2020 Handbook



## Netball North East Regional Office contacts:

Regional Co-ordinator	Rachel Barr	0191 261 4116
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## North East Regional League Contacts:

Competition Referee	Regional Management Board	northeastcompetitionreferee@hotmail.com
Officiating Technical Support Group	Sharon Scott	07940 125869

## Contents

Venues			
<u>Blue Flames</u>	<u>Beacon of Light</u>	<u>Gateshead Stadium</u>	<u>Sport Central</u>
Whitley Park, Whitley Road, Benton, Newcastle, NE12 9SF	Stadium Park Sunderland SR5 1SN	Neilson Road Gateshead NE10 0EF	Northumbria University Newcastle NE1 8ST
Telephone	Telephone	Telephone	Telephone
0191 270 0885	0191 563 4818	0191 433 5700	0191 227 4700

## Child Protection

England Netball and the North East Region are fully committed to creating and maintaining a safe and positive environment for all young people to play netball. It accepts its responsibility to safeguard the welfare of all young people and protect them from poor practice, abuse and bullying. With this in mind, England Netball has developed a new Safeguarding and Protecting Young People in Netball Policy, Procedures and Guidelines that will apply to all individuals involved, paid or in a voluntary capacity in Netball and will be phased in over time. You can find further information and policies at <https://www.englandnetball.co.uk/governance/safeguarding/> England Netball recognises that everyone has a responsibility to safeguard and protect all young people. For more information on Safeguarding and Protecting Children please visit the following websites or contact the Regional Office on 0191 261 4116.

[www.everychildmatters.gov.uk](http://www.everychildmatters.gov.uk)  
[www.thecpsu.org.uk](http://www.thecpsu.org.uk)  
[www.nspcc.org.uk](http://www.nspcc.org.uk)

# Club Contacts

## Division 1

Team Name	Club Colours	Contact	Phone	E-Mail
Concordia	Purple/Green	Sarah Croft	07817 442147	concordianetballclub@gmail.com
Grangetown 1	Black/Orange	Geraldine Williams	07719 937171	gelnortheast@hotmail.co.uk
Newcastle City	Navy/White	Anna Barnes	07787 194227	annahumphreys79@hotmail.com
Oaksway	Navy/White	Barbara Brown	07855 415497	oakswaynetball@gmail.com
Riverside 1	Navy/Pink	Deborah Percy	07980 076321	deb.percy@gmail.com
Riverside 2	Navy/Pink	Deborah Percy	07980 076321	deb.percy@gmail.com
Seatonians 1	Navy/Pale Blue	Lindsay Bradley	07875 756062	seatoniansnc@yahoo.com
Stadium 1	Green/Yellow	Jo Macleod	07715 530894	gsncsenior@gmail.com Jlburnham15@gmail.com

## Division 2

Team Name	Club Colours	Contact	Phone	E-Mail
Boldon	Navy/Light Blue	Adrienne Edwardson	07905 711361	adi1968@virginmedia.com
Darlington Headlanders	Navy/Light Blue	Rebecca Eldrington	07718 313500	rebecca_eldrington@hotmail.com
DPNC	Purple/White	Marie Ewing	07968 329057	tdpalatinatesnetballclub@gmail.com
Grangetown 2	Black/Orange	Ria Small	07969 752224	small.r@stpeters.npcat.org.uk
Greencroft	Black/Pink	Eve Askey	07713 260811	eveaskey@googlemail.com
Seatonians 2	Navy/Pale Blue	Lindsay Bradley	07875 756062	seatoniansnc@yahoo.com
Stadium 2	Green/Yellow	Jo Macleod	07715 530894	gsncsenior@gmail.com Jlburnham15@gmail.com
Tynedale	Navy/Green	Kim Britten	07780 114738	kimbritten@hotmail.co.uk

## Regional League Structure

The structure for the 2019/2020 season will be two (2) divisions of eight (8) with each team playing each other twice in both divisions. If any teams choose not to take up their place in the Regional League for the 2019/2020 season, additional teams from the Entry tournament will be offered the remaining places in division 2.

## Important Dates

Pre-Season Meeting and NE AGM - Wednesday 11th September @ Venue TBC; 7pm

Div1/2 Playoff and Entry Tournament - Saturday 13th June 2020 @ Beacon of Light

# Regional League Fixtures 2019-2020

## Key

BF = Blue Flames

BOL = Beacon of Light

GS = Gateshead Stadium

SC = Sport Central

Week	Date	Time	Court 1		Court 2		Court 3	
Div 1	21 Sept	9:10am	Riverside 2	v	Concordia	Boldon	v	Headlanders
Div 2	BF	10:40am	Stadium 1	v	Grangetown 1	Seatonians 2	v	DPNC
2	5 Oct	9:10am	Riverside 1	v	Newcastle City	Tynedale	v	Greencroft
GS		10:40am	Seatonians 1	v	Oaksway	Stadium 2	v	Grangetown 2
3	12 Oct	9:10am	Riverside 2	v	Seatonians 1	Headlanders	v	Tynedale
GS		10:40am	Concordia	v	Grangetown 1	Boldon	v	DPNC
4	19 Oct	9:10am	Newcastle City	v	Stadium 1	Grangetown 2	v	Seatonians 2
GS		10:40am	Oaksway	v	Riverside 1	Greencroft	v	Stadium 2
5	26 Oct	9:10am	Seatonians 1	v	Stadium 1	Seatonians 2	v	Tynedale
GS		10:40am	Grangetown 1	v	Oaksway	DPNC	v	Greencroft
6	2 Nov	9:10am	Grangetown 1	v	Seatonians 1	Riverside 2	v	Riverside 1
SC		10:40am	Concordia	v	Newcastle City	Headlanders	v	Stadium 2
7	16 Nov	9:10am	Oaksway	v	Concordia	Greencroft	v	Boldon
GS		10:40am	Stadium 1	v	Riverside 2	Seatonians 2	v	Headlanders
8	23 Nov	9:10am	Riverside 1	v	Grangetown 1	Stadium 2	v	DPNC
BF		10:40am	Seatonians 1	v	Newcastle City	Tynedale	v	Grangetown 2
9	30 Nov	9:10am				Riverside 2	v	Oaksway
BF		10:40am	Headlanders	v	Greencroft	Newcastle City	v	Grangetown 1
								Grangetown 2
								Boldon
								Seatonians 2

Week	Date	Time	Court 1		Court 2		Court 3				
10	14 Dec	9:10am	Newcastle City	v	Oaksway	Headlanders	v	Grangetown 2			
<b>BOL</b>		10:40am	Concordia	v	Riverside 1	Greencroft	v	Seatonians 2	Stadium 2	v	Tynedale
11	21 Dec	9:10am	Riverside 1	v	Seatonians 1	Concordia	v	Stadium 1	DPNC	v	Headlanders
<b>SC</b>		10:40am	Riverside 2	v	Newcastle City	Tynedale	v	Boldon	Grangetown 2	v	Greencroft
12	4 Jan	9:10am	Oaksway	v	Stadium 1	Headlanders	v	Boldon	Seatonians 2	v	Stadium 2
<b>SC</b>		10:40am	Seatonians 1	v	Concordia	Grangetown 1	v	Riverside 2	Greencroft	v	Tynedale
13	11 Jan	9:10am	Grangetown 1	v	Newcastle City	Boldon	v	Stadium 2			
<b>BOL</b>		10:40am	Stadium 1	v	Riverside 1	Concordia	v	Riverside 2	Seatonians 2	v	Grangetown 2
14	18 Jan	9:10am	Grangetown 1	v	Stadium 1	Tynedale	v	Headlanders			
<b>BOL</b>		10:40am	Oaksway	v	Seatonians 1	Newcastle City	v	Riverside 1	DPNC	v	Seatonians 2
15	1 Feb	9:10am	Stadium 1	v	Newcastle City	Grangetown 2	v	Boldon			
<b>BOL</b>		10:40am	Seatonians 1	v	Riverside 2	Grangetown 1	v	Concordia	Stadium 2	v	Greencroft
16	8 Feb	9:10am	Riverside 1	v	Oaksway	Tynedale	v	Seatonians 2	Grangetown 2	v	Stadium 2
<b>SC</b>		10:40am	Stadium 1	v	Seatonians 1	Newcastle City	v	Concordia	DPNC	v	Boldon
17	15 Feb	9:10am	Riverside 2	v	Stadium 1	Concordia	v	Oaksway	Stadium 2	v	Headlanders
<b>SC</b>		10:40am	Grangetown 1	v	Riverside 1	Boldon	v	Greencroft	DPNC	v	Grangetown 2

Week	Date	Time	Court 1			Court 2			Court 3		
18	22 Feb	9:10am	Newcastle City	v	Seatonians 1	DPNC	v	Stadium 2			
<b>BOL</b>		10:40am	Riverside 1	v	Riverside 2	Headlanders	v	Seatonians 2	Grangetown 2	v	Tynedale
19	29 Feb	9:10am	Oaksway	v	Grangetown 1	Greencroft	v	Headlanders			
<b>BOL</b>		10:40am	Stadium 1	v	Concordia	Seatonians 2	v	Boldon	Tynedale	v	Stadium 2
20	7 Mar	9:10am	Riverside 1	v	Concordia	Greencroft	v	DPNC			
<b>BOL</b>		10:40am	Seatonians 1	v	Grangetown 1	Oaksway	v	Riverside 2	Grangetown 2	v	Headlanders
21	14 Mar	9:10am	Seatonians 1	v	Riverside 1	Tynedale	v	DPNC	Seatonians 2	v	Greencroft
<b>SC</b>		10:40am	Newcastle City	v	Riverside 2	Stadium 1	v	Oaksway	Stadium 2	v	Boldon
22	21 Mar	9:10am	Concordia	v	Seatonians 1	Riverside 2	v	Grangetown 1			
<b>BOL</b>		10:40am	Oaksway	v	Newcastle City	Boldon	v	Tynedale	Stadium 2	v	Seatonians 2
		12:10pm	Riverside 1	v	Stadium 1	Headlanders	v	DPNC	Greencroft	v	Grangetown 2

# North East Regional League Rules 2019-2020 Season

## 1. Overview

The purpose of the North East Regional League (NERL) is to provide a competition that aims to determine the best team in the region whilst encouraging participation and development in netball through an open, fair, progressive and transparent league structure.

The league competition results will be used to determine the team that will go on to represent the North East at the England Netball Premier League (3) Play-Off Competition.

These regulations set out below outline the Rules and Regulations (“the Regulations”) which govern the operation of the NERL.

The Regulations must be followed by all teams, players, officials, spectators and administrators in the management, administration and operation of NERL.

## 2. Competition Structure

2.1. NERL shall comprise of the following:

- Division 1
- Division 2
- Regional League Play-offs
- Regional League Entry Tournament

2.1. The team that finishes top of the NERL at the end of the season will be the North East Regional League champions. The team that finishes bottom of NERL division 1 will be relegated directly to NERL division 2.

2.2. The team that finishes top of NERL division 2 at the end of the season will be the NERL division 2 champions, and will be promoted directly to NERL division 1.

2.3. At the end of the season, the teams which finish in seventh position in NERL division 1 will contest a play-off against the team that finishes in second place in NERL division 2. The winner of this match will participate in NERL division 1 the following season; the losing team will participate in NERL division 2.

2.4. The team that finishes top of the NERL division 1 at the end of the season will be the NE Regional Representative who will progress to the Premier League Play-off Tournament. No club who is already represented in the Premier League (1, 2 or 3), is eligible to enter Premier League Play-offs and the next highest eligible team will be offered this place.

2.4.1. Should the team representing the North East at the Premier League (1, 2 or 3) Play-offs be successful in gaining a place in Prem 3, they will be promoted and will relinquish their place in the NERL. (See Appendix 1 for the relegation and promotion process that will be followed in this event.)

2.4.2. Should the team representing the North East at the Premier League (1, 2 or 3) Play-offs be unsuccessful in gaining a place in Prem 3, they will retain their place in the NERL.

- 2.5. Promotion and relegation between Prem 3 the NERL and the Entry Tournament for teams other than those defined in 2.2 and 2.3 above is set out in Appendix 1.
- 2.6. The Regional League Entry Tournament will be an open entry tournament. Teams who enter along with the relevant teams relegated from the NERL, will play a round robin tournament, playing each other once. The teams finishing in the top eligible places of the tournament league compiled, based on the results of the day, will be offered places in the NERL for the following season. (See Appendix 1 for eligible places.)
- 2.7. At the end of each season, any team or teams based in the Region and who are relegated from the Prem 3 will automatically be offered a place in NERL division 1 for the following season. (See Appendix 1 for the relegation and promotion process that will be followed in this event.)
- 2.8. Any team that drops out of the Premier League (1, 2 or 3) for any reason other than via the Play-offs, having entered those play-offs due to finishing in the relegation positions in Prem 3, will not be guaranteed a place in the NERL. Their circumstances will be reviewed by the North East Regional Management Board (NE-RMB) and an appropriate decision reached.
- 2.9. Any casual vacancies that arise within the NERL from time to time or any situation outside of those described in 2.1 to 2.9 above will be determined by NE-RMB in conjunction with the Competition Referee, Competition Technical Support Group (CTSG) or any other parties deemed appropriate, at their absolute discretion, subject to the reasonable application of the rules and regulations laid out herein.

### **3. Competition Organisation**

- 3.1. The competition and all rights and properties associated with it, shall be owned, controlled and managed by the NE-RMB.
- 3.2. The NE-RMB is responsible for the organisation and management of the NERL as well as the Regional League Play-offs and Entry Tournament. The NE-RMB have established a technical support group for Competitions (CTSG) and as such the NERL will fall under the remit of that group.
- 3.3. Prior to the start of the NERL, the CTSG shall announce the following:
- 3.3.1 the Competition Referee; and
  - 3.3.2 the person appointed to receive appeals of the decisions of the Competition Referee, as outlined in Section 8.
- 3.4. The NE-RMB may alter the named Competition Referee during the competition and will, through its best endeavours, inform all participating teams in the event that an alteration is made.

### **4. Competition Referees**

- 4.1. As set out above, a Competition Referee will be appointed by the NE-RMB for the NERL. A separate Competition Referee may be appointed for the Entry Tournament and Regional League Playoffs.

4.2. The Competition Referee will have the authority and jurisdiction to make decisions on any matters arising throughout the competition including, but not limited to:

4.2.1 Altering or amending the playing schedule as necessary;

4.2.2 Determining if there has been a breach of the Regulations and imposing an appropriate sanction including, but not limited to; during the Regional League Play Offs, the disqualification of any individual, team or Player; during the Regional League, the breaches and penalties are detailed below. A maximum penalty on any one occasion £100.

<b>Breach</b>	<b>Financial Penalty</b>	<b>Points Penalty</b>
Failure to register squad by due date	£20	Nil
Fielding of an illegal player – eg: unaffiliated, unregistered, under age, ineligible etc.	£20	Offending Team - Loss of any points gained for that match and a further 3 point deduction. Non offending team – will be designated winners of the match receiving the 6 points and a 10-0 result
Failure to attend a match or cancelling a match.	£50 match fine plus if appropriate £40 umpire fees.	Non offending team – will be designated winners of the match receiving the 6 points and a 10-0 result.
Incomplete or missing NERL Results Card.	£20	Nil
Failure to provide a competent Table Official.	£10 to Table Official and £5 admin.	Nil

4.2.3 Instances of unsportsmanlike behaviour or behaviour that brings the sport into disrepute, including instances of Teams predetermining, or attempting to predetermine, the outcome of a Match and/or the Competition;

4.2.4 Determine the score should any Match not be concluded due to any unforeseen circumstance;

4.2.5 Determine any matter not covered specifically within the Regulations.

4.3. The Competition Referee may call upon, or delegate to, additional persons to assist with the Competition or consult with other persons prior to making any decision. However the final decision and accountability for the decision will rest with the Competition Referee.



4.4. During the Regional League Play-offs or Entry Tournament, if a Player is suspended from a Match, or ordered to leave the court and take no further part in the Match, that Player and a Team Official, (normally the Coach) will be required to attend a hearing before the Competition Referee immediately after the end of the Match. After the hearing the Competition Referee will decide what action should be taken.

## 5. Pre Competition Management and Administration

### 5.1. Team Entry and Eligibility

5.1.1. Entry to NERL shall be through an open entry tournament. Teams must be situated within the boundaries of the North East Regional Netball Association. Clubs/teams and players must pay the North East Regional fee on their **membership**.

5.1.2. NE-RMB is entitled to charge an entry fee and issue fines incurred by teams during the course of the NERL and these must be paid in full within the timescales outlined below to be eligible. This charge will include the costs associated with appointing the Competition Referee(s).

i. Initial non-refundable deposit of £100

ii. £150 **must** be received by **27th September 2019**.

iii. £150, plus any outstanding fees (including, but not pertaining to fines, umpires fees) **must** be received by **10th January 2020**.

iv. The NE-RMB shall be entitled to impose further financial penalties on teams who fail to meet the payment deadlines stated above, or for significant delays or multiple offences, may expel the team from the league.

5.1.3. **In order to represent the NE at Premier League Play-offs a club shall either be accredited under England Netball's CAPS scheme, or working towards the same (where applicable). For season 2020-21 CAPS will be a requirement for all clubs who enter the NERL.**

5.1.4. A club may field a maximum of two teams in the NERL and have two teams in any one division. See 5.2.8 for squad regulations.

5.1.5. By entering a team in the NERL clubs/teams agree that:

- a) They are able and willing to fulfil the costs and commitments of participation in the NERL;
- b) They will fulfil their obligations and responsibilities set out in these Regulations;
- c) They are bound by the Competition Regulations;
- d) They are bound by all of the rules, policies, regulations and by-laws of England Netball, including the England Netball Code of Conduct and Disciplinary Regulations, as may from time to time be in force; and
- e) They will be held responsible for their players, officials and spectators.

### 5.2. Player/Team Official Eligibility

5.2.1. **In order to qualify to participate in the NERL, a player and team officials (please see 6.5 for details of team officials) must be in full membership of England Netball as an active participant having paid the full fee due and received confirmation of their membership from England Netball in advance of submitting the Registration Form for the NERL. Players are not required to be first claim for the team they represent within the NERL, but once they are registered on a team's nomination form they cannot play for another club/team within the NERL.**

- 5.2.2. To be eligible for the NERL, all players and team officials must have Membership to England Netball within the timeframe set out in these Regulations. The appropriate Membership fee must be paid to, and received by England Netball Head Office Membership Services, and the player or officials name must appear on ENgage as an active member, no less than four (4) days before taking to the court, either as a player, or involved as a team official.
- 5.2.3. All players must be 14 years old as at 11.59pm on 31 August prior to the commencement of the NERL. The responsibility of junior players welfare must be appropriately managed by the Team Coach and Safeguarding Officer and this will be monitored by the Competition Referee.
- 5.2.4. Netball NE recommends that individuals (players, coach, umpire) if pregnant should only participate with approval from their doctor and in accordance with any guidelines issued by EN. Please refer to the EN Full Domestic Rules Guidance for further information which can found at the following link <https://www.EnglandNetball.co.uk/make-the-game/officiating/rules-updates/>
- 5.2.5. Premier League players are welcome to play within the NERL division 1 for the club that they represent in the Premier League. No Premier League players are permitted to play within NERL division 2.
- 5.2.6. NSL players will be considered on an individual basis for their inclusion in the NERL. Teams wishing to play NSL registered players must submit their request in writing to the Competition Referee. Permission must be sought in advance of any player taking part in the league. A player is deemed an NSL player once they have been selected at trials to be in the long squad or as a training partner. Players who have been given permission to take part in the league may have conditions regarding court time and will be subject to reviews during the season in consultation with the Performance Coaches associated with the NSL teams. Teams playing NSL players without consent will be deemed to be playing an illegal player and will be subject to a penalty as outlined in Section 4.
- 5.2.7. Clubs with two teams in the NERL must register their squads as detailed in 5.3 and the following limitations apply:
- 5.2.7.1 Where both teams are in the same division players cannot transfer between squads. Teams playing players in contravention of this rule will be deemed to be playing an ineligible player and will be subject to a penalty as outlined in Section 4.
- 5.2.7.2 In the case of exceptional circumstances a player playing within the lower team may be granted permission to move into the higher team. Permission for this must be sought in advance in writing and will be at the discretion of the Competition Referee.
- 5.2.7.3 Where teams from the same club are in separate divisions the lower nominated player may 'play up' for the higher team within their club on a total number of two (2) occasions. After the second time they play up their nomination will be reassigned to the higher team and that player will no longer be eligible to play for the lower team.

- 5.2.7.4 A player who is playing up may only play for one team per match day. Teams playing players in contravention of this rule will be deemed to be playing an ineligible player and will be subject to a penalty as outlined in Section 4. The team deemed to be the offending team and therefore penalised, will be the second team that the offending player has played for that match day.

### 5.3. Registration of Squads

- 5.3.1. Participating teams must submit a Squad Registration Sheet to the Competition Referee at least seven (7) days prior to the commencement of the NERL playing season (round 1). Failure to submit a squad by the designated date will result in a penalty as outlined in Section 4. Full names as they appear on **ENgage** should be used.
- 5.3.2. Teams may only use those players whose names appear on their Squad Registration Sheet held by the Competition Referee (see Section 4 for the penalty for breach of this).
- 5.3.3. Any additions to Squads must be emailed to the Competition Referee by 1700 hours on the Thursday prior to the relevant fixture weekend. Teams must provide the full name of the player as it appears on **ENgage**, their affiliation number and age banding forms, if appropriate.
- 5.3.4. Once a player has been registered to a Squad, she cannot transfer to another NERL team during the course of the current playing season. It is the responsibility of coaches and team managers to ensure this detail is shared with all nominated players at the start of the season.
- 5.3.5. Each team may name up to twelve (12) players prior to the start of each match on their NERL Results Card. This must be done prior to the stated start time for the match. All players who take part must be named (full names as they appear on **ENgage**) on the NERL Results Card **in alphabetical order**.
- 5.3.6. In respect of Teams involved in any play off to determine relegation and promotion, only players who have taken to the court for that team during the season and remain eligible may be utilised in these matches.
- 5.3.7. In respect of existing NERL teams involved in the Entry Tournament only players who have taken to the court for that team during the season and remain eligible may be utilised in these matches.

**Responsibility for ensuring that players taking the court meet the eligibility criteria specified in Section 5.1, 5.2 and 5.3 rests solely and wholly with the relevant Club. All eligibility checking by the Competition Referee will be undertaken by reviewing submitted team sheets after matches have taken place.**

### 5.4 Competition Venue

- 5.4.1 Matches will be played wherever possible on an indoor court with adequate surrounds and playing surface and with ancillary facilities for approximately 30 participants, including changing and showering facilities for both teams and officials, unless otherwise agreed by the Competition Referee. The venue will be published in the NERL handbook prior to the start of the season.

- 5.4.2 Each court will have home and away benches where coaches, substitutes and officials must sit. Teams should toss a coin to allocate benches. An official table area will be provided where the scorers and timekeepers of both teams must be situated throughout the match.

## 5.5 Accidents

- 5.5.1 All participants acknowledge that participating in the sport of netball involves a risk of personal injury and by taking part in NERL whether as a player, team member, team official, other official or spectator, each participant does so at their own risk.
- 5.5.2 It is the responsibility of each team to provide adequate first aid cover for its players and officials, which shall also be made available to the match officials on request.
- 5.5.3 If an accident occurs in any match where a player, coach, official (umpire or match bench), spectator or staff member is injured, the accident reporting procedure should be followed as detailed on <http://www.Englandnetball.co.uk/competitions>.
- 5.5.4 This procedure should be followed for ALL injuries and accidents, regardless of whether or not medical treatment is given.

## 6. Playing and Competition

### 6.1. Competition Scheduling

- 6.1.1. All matches must be played as per the fixture schedule published in the NERL Handbook.
- 6.1.2. Each team in NERL will play the other teams in their division twice in a season.
- 6.1.3. There will be two matches per court on each competition day. The first match will start at 9.10am and the second match at 10.40am. On a number of occasions there will also be a third match starting at 12:10pm.
- 6.1.4. Teams should allow sufficient travelling time to cover any unexpected delays. Matches will not be reorganised to accommodate any delays for teams arriving. In this event the team not on court at the start time will be deemed to have forfeited the match and the team on court will be awarded the points. In the event that neither team is on court at the start time the match will be declared void and neither team will receive any points.
- 6.1.5. No team may play a match with less than five (5) players, any team with less than five (5) players will automatically concede the match and be penalised as outlined in Section 4.
- 6.1.6. If a team concedes, cancels or fails to attend a match they will be penalised as outlined in Section 4. Failure to play on more than two occasions may result in expulsion from the League.
- 6.1.7. Matches which are postponed by the Competition Referee due to extreme and unforeseen circumstances, e.g., flash flood, heavy snowfall, will be rearranged. Teams will be given at least 3 weeks' notice of rearrangements and will be expected to fulfil these as per scheduled fixtures. In the event that exceptional circumstances lead to a significant number of cancellations the NE-RMB reserve the right to only rearrange

those matches which have a significant effect on relegation and promotion outcomes. Where matches are not rearranged an appropriate outcome will be decided by the Competition Referee.

- 6.1.8. In the event that a match is abandoned for any reason, e.g., because of serious injury, the result of that match will be determined by the Competition Referee, having regard to the score at the time at which play was suspended.

## 6.2. Match rules and format

- 6.2.1. All Matches shall be played in accordance with the International Netball Federation Rules of the game currently in force at the time of the relevant match, except where specifically stated in these regulations.
- 6.2.2. Both teams are responsible for providing a suitable match ball which should be supplied to the Table before the start of the match. The Umpires will decide which ball will be used for the match.

## 6.3. Umpires

- 6.3.1. Umpires who actively hold a Netball Europe 'B' Award or above, will be eligible to officiate in the NERL. Umpires who actively hold a Netball Europe 'C' award, who are committed to progressing towards a 'B' award and who have been identified by an appropriate body (i.e. England Netball, County Umpiring Secretaries) will also be offered the opportunity to officiate selected NERL matches as identified by the Officiating TSG. To aid their progression from C to B these umpires will be mentored during each match until they pass the B award practical assessment.
- 6.3.2. The Officiating TSG will have responsibility for procedures which ensure that umpires conform to a standard of physical fitness which allows them to keep pace with the speed and variability of the match(es). If age, injury, illness or pregnancy is likely to affect the umpire's movements and positioning to the detriment of the match, they are required to withdraw from officiating.
- 6.3.3. All umpires will be required to achieve level 6.1 (division 1) and level 5.1 (division 2) on the multi stage fitness test in September before the commencement of the League and again in January when the League commences after the Christmas break. This level may be altered by the Officiating TSG at their discretion. Organised sessions will be provided where umpires can take the fitness test. Umpires wishing to officiate in the NERL may also be required to attend a pre-season workshop as part of their continuing development and will receive a match report at least once during the course of the season.
- 6.3.4. Umpires will be allocated to matches by an appointed coordinator, based on their indication of availability. Responsibility to fulfil their commitments or to organise an appropriate substitute in conjunction with the coordinator will rest with the allocated umpire.
- 6.3.5. At every match, each team will pay £20 officiating expenses. B award Umpires will receive £20 expenses for each match officiated, C Award Umpires will receive £15 expenses for each match officiated and £5 will be paid to the mentor as expenses. All expenses must be paid in cash on the day and placed on the table **PRIOR** to the commencement of the match.

6.3.6. In the event that an umpire fails to arrive, or is injured or taken ill during a match, the following procedure will be applied:

- a) If another umpire of the appropriate standard is available then they will umpire the match.
- b) Failing that, the next best-qualified umpire should be used.
- c) If no umpire is available then the NERL Results card should be marked accordingly and handed in.
- d) If the appointed umpire arrives late and the game has already commenced, the umpire that started the game will continue for the entire duration of the match.

Note: that when an umpire steps in to cover and the match takes place there will be no opportunity for appeal in respect of the umpire from those clubs involved.

## **6.4 Technical Officials**

- 6.4.1 The Technical Officials are: Scorers and Timekeepers. The scorer(s) and the timekeeper(s) shall constitute the Technical Bench. Scorers are required to utilise the official NERL Results Card.
- 6.4.2 Each team must provide a Competent Technical Official (CTO) for each of their matches. CTOs are those who hold the England Netball Technical Official qualification, or are qualified Umpires or have attended a North East Regional League Technical Official's course. CTOs may not coach or comment during the match. The CTO's should agree between themselves who acts as scorer and timekeeper. They should ensure they are equipped with the relevant equipment to fulfil their duties, i.e.: stop watches, pencils, etc., as the only equipment provided at the venue is a flip-over scoreboard. Failure to provide a CTO for any portion of a match will incur a penalty as outlined in Section 4. In addition the process below should be followed in the event that a team fails to provide a CTO for their match.
- 6.4.3 In the event that only one team provides a CTO then the other teams CTO will take the lead in officiating the match. The offending team will be required to find someone who can work alongside the CTO to officiate the match. If there is no one available to fill this gap then the offending team will be required to fill this gap with one of the players from their match squad who must remain in this role for the full duration of the match.
- 6.4.4 In the event that neither team provides a CTO then both teams will be required to drop a player from their squad for the duration of the match. These players will be paired with CTO's from other matches taking place at the same time. As above these players will remain in this role for the full duration of the match.

## **6.5 Team Officials**

- 6.5.1 The Team Officials are: Coach, Manager and up to three (3) other personnel, at least one (1) of whom must be a primary care person who is qualified to diagnose and treat injury and/or illness, for example a doctor or physiotherapist.
- 6.5.2 The Team Officials and up to five (5) players, not on court shall constitute the Team Bench.
- 6.5.3 The Team Bench may coach while play is in progress provided that they remain seated or stand at their Team Bench. Coaching is also allowed during intervals and during Stoppages. The Team Bench may not indulge in inappropriate comments or behaviour. (Ref INF Rules 2.1, 2.2, 7, 20, 20.1.2)

## 6.6 Match Timings

- 6.6.1 All matches shall be of one hour's duration (four quarters of fifteen (15) minutes each). Central timing will not be used.
- 6.6.2 All matches shall have a half time period of four (4) minutes and three (3) minutes for quarter time and three quarter time intervals.
- 6.6.2 The NERL Playoff match will be as per the timings in 6.6.1 and 6.6.2. If after the 60 minutes the result is a draw then there will be extra time as follows:
- i) After full time there will be an interval of 3 minutes
  - ii) Extra time consists of 2 halves of 3 minutes each way
  - iii) Half time interval will be 1 minute and teams change ends at half time
  - iv) The first centre pass in each half is taken by the team entitled to the next centre pass
  - v) In the event of a tie remaining at the end of extra time, play will continue until one team leads by two goals

## 6.7 Scoring

6.7.1 Teams will be awarded league points as follows:

- a) Six (6) points for a win;
- b) Three (3) points for a draw;
- c) Two (2) points if within 5 goals of the winners' score – i.e., 50-46 = 2 points, 50-45 = 1 point
- d) One (1) point for a loss with more than 50 per cent of the winners' score
- e) Zero (0) point for a loss with less than 50 per cent of the winners' score

6.7.2 Regional League tables will be compiled on the basis of the points awarded to each team. Where teams are level on points:

- a) Goal average (goals for divided by goals against) shall be used to determine their relative positions, i.e., the team with the higher average score over the course of the season shall take precedence
- b) In the event that goal average does not differentiate between the teams, then goal difference shall be applied, i.e., precedence shall be given to the team with the greater difference between goals scored and goals conceded
- c) In the event that goal difference does not differentiate between the teams, then the team with the greatest number of goals scored shall take precedence
- d) In the event that neither goal average nor goal difference nor goals scored can differentiate between the teams, the aggregate score in the match or matches played between them over the course of the season shall be calculated and precedence given to the team that gained the most points.

In the event that none of the above differentiates between the teams, then the Competition Referee (in association with the CTSG and NE-RMB) shall determine the means of differentiation.

Note - Where one of the teams has its goal average, goal difference or total number of goals scored affected by conceded fixtures, then all goals scored by and against conceding team(s) in all fixtures shall be omitted from the calculations of both teams level on points. Except where one of the teams level on points is the conceding team, at which point they assume a goal average of 0 and will be the lowest ranked team of those level on points.

For example, in the event that one team received 6 points for a conceded fixture, then the goals scored by and against both teams level on points, in all games against the offending team, will not be included when its goal average, goal difference or total number of goals is calculated

- 6.7.3 There will be two league tables for division 1; one to determine the NERL Champions, which will be comprised of all teams in division 1 and one to determine who will represent the NE at Premier League Playoffs, which will be comprised all all teams except those who are already represented at Premier League level.
- 6.7.4 The NERL Champions and runners up will receive a prize that will consist of 50% and 25% (respectively) off next seasons NERL fee.

## 6.8. Registration of results

- 6.8.1. For all Regional League matches **ONE** official NERL Results Card must be used and completed fully including signatures from both scorers and captains. It is the responsibility of the **HOME** team to scan/photo message the fully completed result card to the Competition Referee ([northeastcompetitionreferee@hotmail.com](mailto:northeastcompetitionreferee@hotmail.com)) on the day of the match. Failure to submit a correctly completed NERL Results Card will incur a penalty as outlined in Section 4.  
NB - The home team is the team that is named first on the fixtures.
- 6.8.2. Any dispute or disagreement over scores or quarters played should be resolved on the day of the match through discussion between the captains and officials.
- 6.8.3. For any dispute which cannot be resolved on the day, proceed as outlined at Section 7.

## 7. Competition Complaints Procedure

- 7.1. All queries and complaints (a Complaint) should be directed to the Competition Referee in the first instance, which will be dealt with as follows:
- 7.1.1. For NERL League Matches, where the Complaint relates to the playing of a match, the scoring, and/or its result, the relevant Squad member or Team Official, must do the following:
- Inform their opponents and the Umpires of their complaint;
  - Mark the NERL Results Card with the words "Under Protest";
  - Register the score card as per rule 6.8.1;
  - Attach a letter to the Score Card to explain the issue in full to the Competition Referee;
  - The Competition Referee will decide what action should be taken.
- 7.1.2. For the NERL Play-off or Entry Tournament matches, where the Complaint relates to the playing of a Match, the scoring, and/or its result, the relevant Squad member or Team Official, must do the following:
- Inform their opponents and the Umpires of their complaint;
  - Mark the Results Card with the words 'Under Protest';
  - Take the Results Card marked 'Under Protest' to the Competition Referee, straight after the Match;
  - Explain the issue in full to the Competition Referee;
  - The Competition Referee will decide what action should be taken



- 7.1.3. The Competition Referee will acknowledge receipt of the query or complaint and make a decision on the matter within seventy two (72) hours of receipt of the query or complaint for complaints made during the NERL League stage and immediately at the NERL Play-offs or Entry Tournament. The Competition Referee's decision in relation to decisions taken under clause 7.1.1 is binding apart from where parties to the complaint have the right to appeal the decision under Section 8 below.
- 7.2. During the NERL Play-offs and Entry Tournament, where the Complaint relates to the competition format or management, including (but not limited to) the schedule, the opposing Team, playing surface or other playing arrangements, a protest must be made, before the start of the Match (or as soon as possible after the issue becomes apparent during the match) to the Competition Referee by the relevant Team or Match Official. The Complaint must then be acknowledged by the Competition Referee who will decide what action should be taken; or.
- 7.3. Where a Complaint relates to the governance or administration of the Competition by the Competition Referee, such complaints will be dealt with under the Complaints Procedure of Netball North East.
- 7.4. Where the Complaint relates to the behaviour of an individual Player or Team participating, volunteering or individual attending a Match which could be considered as a Disciplinary Offence under England Netball's Disciplinary Regulations, such complaints will be dealt with in accordance with the processes set out in England Netball's Disciplinary Regulations ([https://www.EnglandNetball.co.uk/Conduct\\_and\\_Disciplinary\\_Regulations](https://www.EnglandNetball.co.uk/Conduct_and_Disciplinary_Regulations)) and should be referred to the Disciplinary Secretary of Netball North East.

## **8. Appeal of Competition Referees Decision**

- 8.1. The decision of the Competition Referee in relation to a complaint submitted in accordance with section 7.1 shall be final and binding on all parties, save that a party has a right to appeal in the following circumstances:
- 8.1.1. If the decision has a potential impact on a match result, a league table, or the outcome of the Competition; and
  - 8.1.2. If there has been a failure by the Competition Referee to follow or act in accordance with these Regulations and/or the Competition Referee reached a decision on the basis of an error of fact.

These are the only grounds of appeal and any appeal must be submitted in accordance with the appeals process set out below:

- 8.2. An appeal should be forwarded in writing from a Club Official of the appealing Team to the North East Region Disciplinary Secretary within seventy two (72) hours of the receiving the decision, who will refer it to North East Region Disciplinary Secretary
- 8.3. The appeal shall be accompanied by a cheque for £100 (made payable to North East Netball Association) which shall be returned if the appeal is upheld or if there are any other extenuating circumstances. The Competition Appeals Committee (CAC) will decide whether the extenuating circumstance warrant the cheque being returned.
- 8.4. The North East Region Disciplinary Secretary will establish a CAC which will consist of individuals that are independent of and not connected to the Competition. One of those individuals will be appointed as the Chair.

- 8.5. The Chair of the CAC will send the appeal to the opposing Team and any other Team the CAC believe could be affected by the outcome of the appeal. These Teams will be permitted seventy two (72) hours, from the date the appeal notice is sent from the CAC to submit any evidence or submission that they wish the CAC to consider.
- 8.6. All submissions and evidence must be submitted in writing. The Chair of CAC will have the discretion to determine the process, procedure and direction of the appeal.
- 8.7. The CAC shall meet and reach a determination within seventy two (72) hours of receiving all the evidence and submissions.
- 8.8. The CAC will notify all parties that made submissions and presented evidence of its decision and any penalties and sanctions imposed within twenty four (24) hours of it reaching its determination. The CAC shall have the discretion to publish the decision through whatever means it considers appropriate.
- 8.9. The CAC shall have the delegated power of NE-RMB to make all decisions and impose and enforce any penalties and sanctions (including but not limited to, reprimands, the deduction of points, fines, suspensions and expulsions from the Competition) relating to the appeal. There is no further right of appeal on this decision.
- 8.10. The procedures set out in this section (8) shall be governed by the Arbitration Act 1996 (the Act) and amount to a binding arbitration agreement for the purposes of Section 6 of the Act.
- 8.11. The parties also waive irrevocably their right to any form of appeal, review or recourse to any court or other judicial authority, or under England Netball's Disciplinary Procedures Manual or otherwise, insofar as such waiver may be validly made.
- 8.12. The seat of arbitration shall be England, the language used shall be English and the governing law of the regulations and these proceedings under Section 8 shall be English Law.
- 8.13. If the circumstances require a decision to be taken sooner than provided for by this section 8, and all parties to the appeal consent, the timetable within which an appeal is raised, submissions made and the decision taken can be shorter than seventy two (72) hours stated in this Section 8. In such cases the CAC shall issue a revised directions timetable which shall be binding on all parties.
- 8.14. In order to adhere to the timescales set out in Section 8, all communication will take place via email to the contact named in the NERL Handbook for the Competition. It is the participating Teams responsibility to ensure that these contact details are kept up-to-date.

## **9. Miscellaneous**

- 9.1. NE-RMB will not be liable to any person, whether in contract, tort (including negligence) or otherwise for any direct or indirect loss or injury of any nature, howsoever caused and howsoever arising from the matters covered by these Regulations, provided that nothing in these Regulations excludes or restricts NE-RMB's liability for any personal loss or injury caused by NERMB's own negligence, the negligence of its employees, or for fraud.
- 9.2. If any of these Regulations are held by any competent authority to be invalid or unenforceable, the remainder of the Regulations shall not be affected thereby.

- 9.3. These Regulations shall be governed by and interpreted in accordance with English law.
- 9.4. Any questions regarding these Regulations should be addressed to the Competition Referee.
- 9.5. NE-RMB will be entitled to amend these Regulations each year in advance of the Competition and such amendments will take effect from the first date of publication of the completed amended procedure on the North East Netball website, [www.northeastnetball.co.uk](http://www.northeastnetball.co.uk)
- 9.6. The Competition Referee, CTSG and NE-RMB will adjudicate on all matters not covered by the regulations

## Definitions

The following terms shall have the meanings set out below:

**Competition Appeals Committee (CAC)** means a body of up to three (3) individuals who are independent of and not connected to the Competition that will hear one, or a group of, appeal(s) on the Competition Referee's decision as set out in section 8.

**Competition Referee** means the individual/group appointed by Netball North East with all necessary authority and jurisdiction to make decisions on any matters arising during the Competition Day as set out in Section 4.

**Competition Referee Log Book** means a record of any incidents, disciplinary matters, changes to schedule or complaints that arise on the Competition Day and are passed onto the LOC, templates for these documents are available at <http://www.EnglandNetball.co.uk/competitions>

**England Netball Accident Report Form** means a form that is accessible from <http://www.EnglandNetball.co.uk/competitions> that must be used to detail any accidents that occur during a competition

**Goal Average** means goals for divided by goals against

**Goal Difference** means the difference between the goals scored and the goals conceded

**NERL Results Card** means the official card issued by Netball North East, used for each Match, by each the home team, to record the players on court, quarters played and quarter and final scores, and signed by captains, umpires and scorers. See Appendix 2.

**NERL Entry Tournament** means the tournament to determine promotion and relegation into the NERL division 2.

**Match** means an individual game of Netball played, in accordance with Section 6, forming part of the North East Regional League.

**(Players) Not on court** means the players listed on the NERL Results Card that are not, at that present time playing in the Match

**Premier League (1, 2 or 3)** means Divisions 1, 2 or 3 of the England Netball Premier League.

**Squad** means Players listed on the NERL Squad Registration from which a Team may be selected on a match day.

**NERL Play-offs** means a match played at the end of the season between the teams finishing 7th place in division 1 and 2nd place in division 2 to determine who will be promoted and relegated.

**Squad Registration Sheet** means the list of players submitted by a team at the start of the season (this can be added to throughout the season) that they can be selected to play in a fixture, providing they meet all eligibility criteria and are named on the NERL Results Card for that fixture. An unlimited number of players may be named throughout the season.

**Teams** means up to seven (7) Players actively participating in a Match at a given moment.

**Team Officials** mean the individuals that are listed on the Squad Registration Sheet and include the Coach, Team Manager and up to three (3) other personnel, at least one (1) of whom must be a primary care person and one (1) must hold an appropriate first aid qualification

Appendix 1 - Promotion and Relegation Processes

Positions at end of season Regional League		Scenario 1		Scenario 2		Scenario 3	
Div 1	Div 2	Div 1	Div 2	Div 1	Div 2	Div 1	Div 2
1	9	1	8	2	R1	Z1	7
2	10	2	7 v 10 losers	3	11	1	8
3	11	3	11	4	12	2	10
4	12	4	12	5	13	3	11
5	13	5	13	6	14	4	12
6	14	6	14	9	ET1	5	13
7	15	9	ET1	P1	ET2	6	14
8	16	7 v 10 winners	ET2	P2	ET3	9	ET1

<p>8 relegated to Division 2.            9 promoted to Division 1.            7 &amp; 10 play off with the winners taking the place in Division 1 and losers going into Division 2.            15 &amp; 16 go into Entry Tournament.            ET1 winners of Entry Tournament.            ET2 runners up in Entry Tournament.</p>	<p>1 promoted to Premier 3            3            9 promoted to Division 1.            P1 - winners of 7 v 10            P2 - winners of 8 v losers of P1            R1 - losers of P2 match            15 &amp; 16 go into Entry Tournament.            ET1 winners of Entry Tournament            ET2 second in Entry Tournament            ET3 third in Entry Tournament</p>	<p>Z1 team relegated from Premier 3.            9 promoted to Division 1.            7 &amp; 8 relegated to Division 2.            15 &amp; 16 go into Entry Tournament.            ET1 winners of Entry Tournament</p>
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**Scenario 1** - No NE teams promoted or relegated to/from Premier 3 OR NE team promoted and NE team relegated to/from Premier 3.

**Scenario 2** - No NE teams relegated from Premier 3, Regional League Division 1 winners promoted to Premier 3.

**Scenario 3** - NE team relegated from Premier 3, Regional League Division 1 winners not promoted to Premier 3.

**Entry Tournament** - In the event that only one team applies for entry to NERL Division 2 then a single play-off match will take place between that team and the team finishing last in the NERL. The team second bottom will automatically retain their place in NERL. In the event that no teams apply for entry to NERL Division 2 then the teams finishing in seventh and eighth place in NERL Division 2 will automatically retain their places in NERL. Should a number of teams choose not to take their place in the league then additional places may be offered to teams from the Entry Tournament competition if the structure of the league allows for this.

**Appendix 2 – NORTH EAST REGIONAL LEAGUE RESULT CARD**

<b>Date:</b>											
<b>Team 1:</b>						<b>Team 2:</b>					
<b>Umpire 1:</b>						<b>Umpire 2:</b>					
<b>Team 1 Players</b>	<b>1<sup>ST</sup> Qtr</b>	<b>2<sup>ND</sup> Qtr</b>	<b>3<sup>RD</sup> Qtr</b>	<b>4<sup>TH</sup> Qtr</b>	<b>Team 2 Players</b>	<b>1<sup>ST</sup> Qtr</b>	<b>2<sup>ND</sup> Qtr</b>	<b>3<sup>RD</sup> Qtr</b>	<b>4<sup>TH</sup> Qtr</b>		
<b>QUARTER SCORES:</b>					<b>QUARTER SCORES:</b>						
<b>FINAL SCORE:</b>						<b>MATCH WINNER:</b>					

**Discipline:** In the table below please record all warnings, suspensions and sending offs awarded by the Umpires:

<b>Player Name</b>	<b>Qtr</b>	<b>Infringement</b>	<b>Umpire</b>

Sign below to certify that the information above is correct:

	<b>Print Full Name</b>	<b>Signature</b>
<b>Team 1 Captain</b>		
<b>Team 2 Captain</b>		
<b>Team 1 Scorer</b>		
<b>Team 2 Scorer</b>		

Should there be any dispute relating to the match, the Captains and Scorers should try to resolve this before signing the Score Sheet. If the dispute cannot be resolved the Sheet should be marked as Under Protest and the procedure in Section 7 of the Regulations followed.

# Instructions for completion of the NERL Result Card

## Pre-match

1. Insert the Date.
2. Insert the name of both teams, Team 1 is the home team and Team 2 is the away team.
3. Print the full name of the umpires in the Umpire 1 and 2 boxes.
4. In the two columns marked Players Names under the relevant team name print the full names of all the players named by both teams in alphabetical order.

## During the match

5. In the columns headed 1<sup>st</sup> Qtr, 2<sup>nd</sup> Qtr, etc., for each team, write the position that the player played in the quarter that they took to the court. Players who do not take the court in any quarter should have a cross entered in the box at the end of the relevant quarter.
6. If a player is replaced mid quarter add the position to the quarter box for that player and the player who replaces them to show that there was a substitution.
7. On the row titled quarter scores enter the number of goals scored in the quarter by each team, not the running total.

## Discipline

8. Enter any disciplinary offences in the Discipline Table as follows.
  - a. Disciplinary offences to record are warnings, suspensions or ordering off.
  - b. Table Officials should check with the Umpires at the quarter time to ensure that the information entered is correct.
  - c. Information Required:
    - i. player name - if there are two players with the same name enter the team too
    - ii. the quarter when the disciplinary action was actioned
    - iii. infringement (dissent, persistent obstruction, etc..) and any relevant description
    - iv. the number of the umpire as shown at the top of the sheet

## Post-match

9. In the box marked Final Score enter the overall final score for the match - this should equal the total of the quarter scores.
10. In the box marked Match Winner enter the name of the team which won the match.
11. Finally both Captains and Scorers should print and sign their names in the relevant team number box after checking the sheet.
12. Score cards should be sent to the Competition Referee as indicated in the rules.

**Note:** Scorers and Captains are signing the sheet to verify that:

- The score sheet is **fully completed** - all relevant lines and boxes are filled with the appropriate information.
- The score and winning team are correct
- The players names and quarters played are correct to the best of their knowledge

**Teams will be fined for submitting Incomplete or Incorrect Scores**

**NORTH EAST REGIONAL LEAGUE  
 QUERIES, COMPLAINTS AND APPEALS**



Form submitted by: .....

<b>Team:</b>		<b>Position/Role:</b>	
<b>Contact No:</b>		<b>E-mail Address:</b>	
<b>Signed:</b>		<b>Print Name:</b>	

**Details of Match/Issue:**

<b>Match Between:</b>		<b>Date/Time:</b>	
<b>Competition:</b>	North East Regional League	<b>Venue:</b>	

**Details of Query, Complaint or Appeal (continue on an additional sheet if required):**

<b>Received by: Print Name &amp; Sign</b>		<b>Date:</b>	
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Please return to the Regional Office, FAO The Disciplinary Secretary within 72 hours of the relevant match.



# Codes of Conduct

North East Netball and the Regional Management Board have adopted England Netball's codes of conduct and expect all individuals involved in the North East Regional League to adhere to them.

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## **Code of Conduct for Coaches, Umpires, Table Officials, Team Managers, Teachers, Tutors, Assessors, Testers, Trainers, Verifiers and Mentors and all Volunteers participating in Netball**

The Code of Conduct state the values and standards expected at all time. In addition to these, when in my capacity as a coach, umpire, table official, team manager, teacher, tutor, assessor, tester, trainer, verifier, mentor or volunteer, **I will also:**

- ✓ Be a positive role model for netball by acting in a way that projects a positive image of my role within netball and being fair, considerate and honest with participants and officials
- ✓ Display high standards in my language, manner, punctuality, preparation and presentation to ensure that all time spent with me by participants or colleagues is a positive experience
- ✓ Exercise reasonable care and skill when carrying out my duties, including but not limited to keeping up to date with the latest practices and developments by taking up further education and other personal and professional development opportunities
- ✓ Be consistent, independent and demonstrate complete impartiality through exercising reasonable care and skill to enforce the rules of the game by applying them fairly and to effect control of the game
- ✓ As a coach, seek to inspire and motivate in accordance with an individual's abilities to enable them to play to the best of their ability and realise their potential
- ✓ As a coach, provide athletes with planned and structured training programmes appropriate to their abilities and goals by ensuring that equal attention and opportunities are available to all, including those requiring a modified plan due to sickness or injury
- ✓ As a tutor, assessor, tester, trainer, verifier or mentor, provide candidates with the appropriate information, planned and structured programmes appropriate to their needs and goals, ensuring that equal attention is applied, and to provide appropriate feedback following observation of a session
- ✓ Be mentally and physically fit to carry out my role within netball
- ✓ Ensure that the training and/or competition environment is safe and appropriate for the age, physical and emotional maturity, experience and ability of the athletes
- ✓ Ensure that I follow instructions and comply with all health and safety regulations that apply to the role I am undertaking.

I will endeavour to abide by this code of conduct and promote it to others. I understand that if I fail to follow the code, the England Netball, the Regional Association or the County Association may take action against me under the Disciplinary Regulations which may result in Sanctions including fines and suspension.

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## Code of Conduct for Parents/Carers

The enjoyment and safety of your child when involved in a netball activity is of paramount importance to England Netball. Every child will be encouraged and asked to ensure that their behaviour and actions meet the values and standards expected of them at all times. As parents, you are asked to support our Codes of Conduct and embrace the spirit of our game.

### **As a parent/carer, I will:**

- ✓ Encourage my child to play within the rules and respect officials' and coaches' decisions
- ✓ Support my child's efforts and performance, give positive comments that motivate and encourage continued effort and learning
- ✓ Understand that competition is about winning and losing, so results are always accepted without undue disappointment
- ✓ Be a positive role model to my child by helping them work towards skill improvement and good sportsmanship
- ✓ Remember that children learn best by example; I will applaud good play by both my child's team and their opponents
- ✓ Thank the coaches, officials and other volunteers who give their time for my child and not interfere with their decisions
- ✓ Help when asked by a coach or official
- ✓ Respect the rights, dignity and worth of all people involved in the game, regardless of gender, marital status, race, colour, disability, sexuality, age, occupation, religion or political opinion
- ✓ Read the rules of the sport to understand better what I am watching and discussing with my child
- ✓ Promote this code of conduct to other parents, carers and supporters
- ✓ Be aware of my child's club safeguarding policy and ensure that any concerns are reported to the club's safeguarding officer or England Netball's Lead Safeguarding Officer.

### **As a parent/carer, I will not:**

- x Pressure my child in any way; I know that this is their sport not mine
  - x Use inappropriate language, harass athletes, coaches, officials or other spectators
  - x Criticise or ridicule my child for making a mistake or losing after the game
  - x Force my child if they are unwilling to participate in the sport
  - x Arrive at a netball activity under the influence of alcohol or drugs
  - x Use Social Media technology to bring the game into disrepute or make an inappropriate comment about an athlete, coach, official, volunteer or member of England Netball staff
  - x Consume illegal substances either immediately prior to or while being at a netball activity where my child is participating in the sport
  - x Consume alcoholic drinks or smoke either immediately prior to or while being at a netball activity where my child is participating.
-